Individual Consultations

Do you feel a bit overwhelmed by your workload? Do you need to improve your test preparation or test taking skills? Are you struggling academically? Would you just like to add more study skills to your repertoire? Set up an individual consultation with a learning specialist for guidance and advice geared to your specific needs and interests.

To learn more or make an appointment with one of the learning specialists, please contact:

**JoAnn Lopez**  
(415) 502-1484  
JoAnn.Lopez@ucsf.edu [1]

Please provide the dates and times that work best for you so that we can confirm an appointment as soon as possible.